



## **Mini-Rotation on the Health Care System**

### **Theme: Health Reform and Shaping the Future**

#### **Topic: Bringing it Back Home: Implications for Your Practice**

**Faculty:** Paul Kasuba, MD, Senior Vice President and Chief Medical Officer, Tufts Health Plan

#### **Objectives:**

By the end of this session, participants should be able to:

- Summarize the impact that health care reform and the current health care environment have on care delivery, performance measurement, and health care reimbursement.
- Outline trends in health care organization and delivery in response to these changes in the environment.

#### **Overview of the presentation** (August 2015):

##### Pressures for change

- Cost of health care
- Value-based purchasing
- Accountability for outcomes
- Market consolidation
- Aging population

##### Problems in the past

- Patients not involved in decisions
- No counter pressure to cost reduction
- Lack of credible risk adjustment
- Limited ability to measure outliers
- Limited reporting capabilities

##### New trends and forces for change

- Pressure is broad based
- Embracing global payment

- Population health
- Novel product design
- Sophisticated capabilities
- Engaged patients

#### Health care reform and physicians

- Delivery of care
- Payment
- Evaluation

#### Key developments

- Accountable care organizations
- Market consolidation
- Transparency, physician ratings and online profiles of providers
- Treatment cost estimators for patients
- Pressures to innovate in care delivery

#### Retooling healthcare

- Medicine as a team sport
- Heavy dependence on technology
- Justification of care choices

#### Changing competition

- Non-physician care providers
- Hospital as a competitor
- Non-traditional sites of care
- Market disruptors